

## **VAULTING LESSONS at ETA,** a NARHA *Premier* Center

Your child can master the basics of interactive vaulting in preformed groups of 3-6 for \$30 each 90 minute session in only 10 weeks! Vaulters combine the best of gymnastics, art, and dance on ponyback, while also learning grooming and tacking their pony.

Warm-up exercises and games combine with vaulting to improve strength, balance, sensory-motor skills, and coordination. Vaulters also learn teamwork, enhance their attention span, and boost self-esteem!



Register online at www.equinetherapyassociates.com

Fully insured, accredited facility, certified NARHA instructors